

## **June 2023 Safeguarding Briefing**

Hello everyone, I hope you are all well. I wanted to take this opportunity to continue to support you in your roles by sharing links to two important documents saved in the Associate Shared Drive and my comments:

- 1. Professor Tim Kendall's (National Clinical Director of Mental Health, NHS England) letter regarding managing risk and safety planning in mental health services that followed updated NICE guidance in September 2022 regarding self harm, assessment, management and preventing recurrence.
- [https://drive.google.com/file/d/16i1JX5wMzknnPqLTN0AW7USTv\\_GMPFIs/view?usp=sharing](https://drive.google.com/file/d/16i1JX5wMzknnPqLTN0AW7USTv_GMPFIs/view?usp=sharing)
- <https://www.nice.org.uk/guidance/ng225>
  - With regard to the DO NOT recommendations you will see that here at HelloSelf we do not recommend the use of any risk assessment tools or global risk stratification to:
    - predict future suicide or repetition of self-harm;
    - determine who should and should not be offered treatment;
    - determine who should be discharged.
  - The risk levels we ask you to comment on are not to be used in silo to predict or determine any of the above. They are asked for internal service evaluation and audit purposes.
  - You will see in our risk to self assessment guidance, associate handbook and safeguarding policy that we request clinicians conduct and develop a highly personalised/person centered, comprehensive, holistic, systemic, biopsychosocial risk assessments, risk formulations and risk management plans (immediate and long term) for ALL of our members taking into consideration contextual factors. We also emphasise the dynamic nature of risk and the need for continual assessment and safety planning as well as thinking about who else needs to be involved/informed e.g. professionals and resourceful others in family and friends.
- 2. Extract from a newsletter sent by the Chief Coroner to all coroners, summer 2022:
  - [https://drive.google.com/drive/folders/1YFK3EMhet9z0qiOQXsqVDZTI\\_aBYgB0n](https://drive.google.com/drive/folders/1YFK3EMhet9z0qiOQXsqVDZTI_aBYgB0n)
- Our platform features (outcome risk alerts and clinical notes prompts), safeguarding briefings, sourcing and developing helpful

documents and saving these in shared drives will hopefully support your practice and ensure high quality risk assessments, formulations and safe risk management planning.

As we continue to learn, grow and improve please keep feeding back to us and sharing your suggestions; these will be warmly and graciously received. We are certainly better together in our mission to provide clinically safe and excellent psychological care.

Thank you once again for your team work, all the hard work you do to best safeguard our members/others, reaching out to the safeguarding team and working alongside us. It really is sincerely appreciated. Please take care of yourselves too.

With warmest wishes,

***Louise.***

*Dr Louise Egan.*

*Clinical Psychologist, Director of Clinical Excellence and Safeguarding Lead.*